Our Registered Physiotherapists
(Over 20 years of clinical experience)

Merril (Mireille) Abdelsayed



B.Sc. PT, M.Sc. PT, Ph.D. PT

Registered Physiotherapist/Clinic Director

- Canadian Physiotherapy Association
- Pelvic Floor/Health Physiotherapy Provider
- Certified Functional Dry Needling Provider
- Shockwave Therapy (SWT) Provider
- Manual Therapy Specialization (Mulligan & Mckenzie Tech.)
- Concussion Rehabilitation Provider
- TMJ (Jaw pain/dysfunction) Physiotherapy Provider

Usama (Sam) Ragheb



B.Sc. PT, M.Sc. PT, Ph.D. PT

Registered Physiotherapist/Office Manager

- Canadian Physiotherapy Association
- Certified Acupuncture Provider
- Shockwave Therapy (SWT) Provider
- Special Interest in Manual Physiotherapy for Neck, Back, Joints, and Sport Injuries
- Manual Therapy Specialization (Mulligan & Mckenzie Tech.)
- Cupping Therapy and Therapeutic Taping Technique Provider
- Clinical Experience in Neurological and Geriatrics Rehabilitation

Our assessment and treatment durations are longer than industry standards because we believe that spending quality time with our patients will ultimately result in a faster recovery.

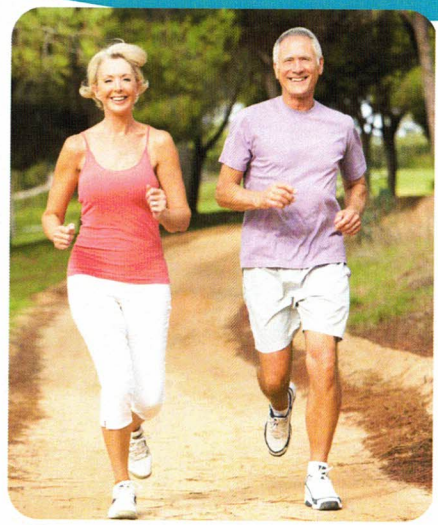
The main policy at "BetterLife Physiotherapy Center" is that our highly skilled and licensed physiotherapists are keen on providing:

. One-on-one indivisualized Physiotherapy Care Approach

. A wide Varienty of Hands-on Physiotherapy Techniques

. Top Quality Physiotherapy Services

.Top Line Physiotherapy machines



BetterLife PHYSIOTHERAPY

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343-200-4004

343-200-4005

betterlifephysio21@gmail.com

info@betterlifephysio.ca

www.betterlifephysio.ca

BetterLife Physiotherapy

Hours of Operation

Monday - Thursday: 8:00 AM - 8:00 PM

Friday : 11:00 AM - 8:00 PM

Saturday & Sunday: CLOSED

BetterLife PHYSIOTHERAPY



Our physiotherapy services are covered by most extended health benefit plans. For your convenience, we are able to directly bill most insurance companies. Contact us to check that we are able to directly bill your specific health plan via the free direct billing service we provide.



We believe that providing the highest quality of care through individual treatment, comprehensive therapeutic exercises and education will empower our patients achieveing their rehabilitation potential

Move a bit to get Fit

Life is Good,
our Physiotherapy Care Makes it Better

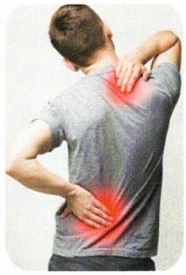
Better Health. Better Life

Hands-on/Manual Therapy



Manual therapy is one of the most effective tools that allow the physiotherapist to mobilize stiff joints and soft tissue. This specialized form of treatment helps in relieving pain, reducing swelling, decreasing restriction, mobilizing joints, and increasing your range of motion. Our physiotherapists have received extensive training in specialized manual therapy techniques from a wide variety of schools and instructors.

Neck, Back and Joints Disorders

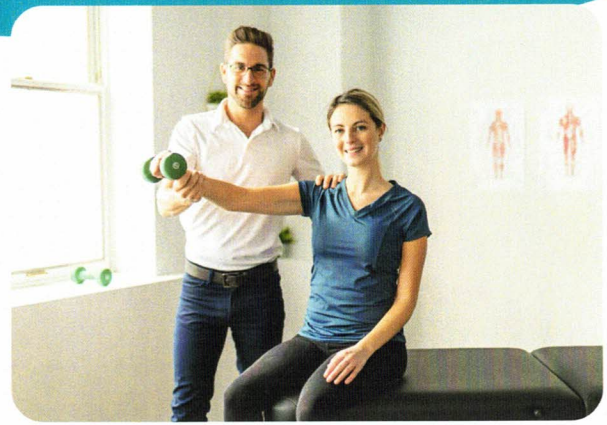


At **"BetterLife Physiotherapy"**, our physiotherapists are determined to find the root cause of your problem, utilize the most effective treatment approaches and give you the tools required to prevent recurrence of your condition. When you come to **"BetterLife Physiotherapy"**, you will always receive one-on-one individualized care from our physiotherapists.

Shockwave Therapy (SWT)



Shockwave is an innovative, non-invasive treatment involving high frequency, short duration, bursts of high-energy pulses, traveling faster than the speed of sound, that are transmitted into injured tissues. These high intensity pulses of mechanical energy stimulate the healing process to accelerate healing of the injuried muscles, tendons, ligeaments and soft tissues.



BetterLife PHYSIOTHERAPY

Clinic Services:

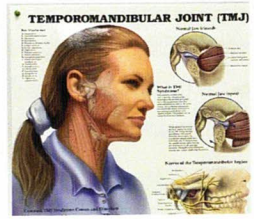
- Hands on / Manual Physiotherapy
- Comprehensive Exercise Therapy
- Customized Rehabilitation Programs
- Neck, Back, Joints Pain/Disorders Physiotherapy
- Sport Injuries Management & Rehabilitation
- Concussion Management & Rehabilitation
- TMJ / Jaw Dysfunction Physiotherapy
- Women Pelvic Floor/Health Physiotherapy
- Acupuncture & Dry Needling
- Shockwave Therapy (SWT)
- Cupping Therapy and Therapeutic Taping Techniquies
- Fibromyalgia and Arthritis Management
- Geriatrics & Neurological Rehabilitaion
- Home Care Physiotherapy
- Virtual Physiotherapy Care and Patient Education
- "Ready-to-Fit" Braces & Compression Stockings
- Workplace Injuries (WSIB)
- Motor Vehicle Accidents (MVA)
- Pre and Post Surgical Physiotherapy Programs
- Home Exercise Programs (HEP)

Women Pelvic Floor/Health Physiotherapy



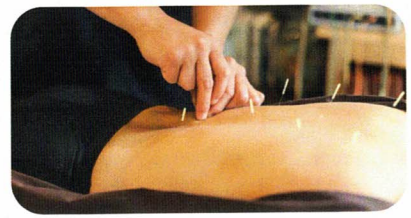
Our Pelvic Health Physiotherapist (Merril), through her specialized postgraduate training, empowers and educates her pelvic health patients by conducting a comprehensive, skilled evaluation, and develops an individualized plan of care centered on the patient's specific goals from leak free sneezing, stress incontinence to pelvic floor pain management.

TMJ / Jaw Dysfuction



Dysfunction of the TMJ will cause the muscles that close the joint to become tight and when they are tight enough they become tender. At **"BetterLife Physiotherapy"**, we can help by providing tissue release techniques, manual mobilizations of the TMJ, and much more

Acupuncture and Dry Needling



Its goal is to reduce pain, improve circulation and to stimulate a physiological response that helps in the natural recovery process. Dry needling, also known as trigger point dry needling is a safe and effective method of treatment provided at **"BetterLife Physiotherapy"** to reduce pain and muscle tension.

To book appointment: Please call 343-200-4004 or book online at www.betterlifephysio.ca